

# Brendoncare Woodhayes



## How to find us



If you have an elderly friend or relative who needs care, please contact the Care Centre Manager at Woodhayes.

### Brendoncare Woodhayes

36-40 St Leonard's Road, Exeter EX2 4LR

Telephone: 01392 667290

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Email: [woodhayes@brendoncare.org.uk](mailto:woodhayes@brendoncare.org.uk)

[www.brendoncare.org.uk](http://www.brendoncare.org.uk)

If you would like to receive an audio version of this brochure, please telephone Brendoncare on 01962 852133 or email [enquiries@brendoncare.org.uk](mailto:enquiries@brendoncare.org.uk)

### The Brendoncare Foundation

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 Tel: 01962 852133 Fax: 01962 851506  
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[www.brendoncare.org.uk](http://www.brendoncare.org.uk)  
 Registered charity number 326508

Brendoncare's mission is to care for older people with dignity and respect, providing care for life in care centres, and tackling social isolation through friendship and well-being clubs.



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Brendoncare

# Woodhayes





**Woodhayes is set in the delightful St Leonard's district of Exeter and has a character all of its own.**

**It consists of two large Victorian listed houses which have been converted into a single home offering residential and nursing care for 27 people, and its aim is to enable older people to live independent, happy and fulfilling lives.**



The original nature of the buildings has been maintained as far as possible and, with its large reception rooms, classical veranda and mature gardens, Woodhayes has a unique atmosphere. Each room is different, with its own particular character, and so can reflect the personality of each resident. Residents are encouraged to bring their own furniture and cherished personal possessions and to arrange their room as they choose so that it really feels like home.

The philosophy of the Home is that residents should be able to make decisions for themselves and choose how to spend their time. Many of them enjoy going out, joining in activities or just spending time with each other. There are regular visitors to Woodhayes which has strong links with the local community and an active group of fundraisers. Residents are encouraged to continue with previous leisure interests and there are plenty of opportunities to be sociable. However, for those who prefer more peace and solitude, their privacy is respected.

Because the Home is small, the chef is able to provide a wide variety of home-cooked meals which are appetising and well presented, and always meet high nutritional standards. Special diets and personal preferences can be catered for. Residents can have meals served in their rooms, but most enjoy the sociable atmosphere in the attractive dining room where their family and friends can join them. We are always pleased to celebrate birthdays, anniversaries and other special events. Family parties can also be arranged.

Led by an enthusiastic and well-qualified Care Centre Manager, the staff at Woodhayes work as a close team and are committed to the Brendoncare philosophy. They make every effort to provide care which promotes privacy and dignity, and to understand each resident's needs and preferences. Registered Nurses are always on duty supported

by well-trained Care Assistants, and all the staff receive continuous education and development. Local GPs support the Home and visit regularly so that residents can be registered with the doctor of their choice. A chiropodist attends on a regular basis and other services can always be arranged.

Woodhayes provides a home where older people can be helped to live as normally as possible and where the emphasis is on quality and enjoyment of life. The staff offer highly skilled nursing care when necessary, and are proud to do so in an atmosphere where residents can feel they are still in charge of their own lives.

