

Brendoncare COVID-19 Visiting and Admissions Guidance

June 2022

Brendoncare knows just how important visits and safe admissions are to residents and visitors alike and we aim to be as flexible and accommodating as possible whilst keeping everyone safe as we all adjust to living with COVID-19.

VISITOR AND TRIPS OUT GUIDANCE

Visits to the Care Home

Visitors are welcome in our homes daily between 9am – 7pm with no limit on the number of visitors per resident. With COVID-19 still present in the general community, we ask that all visitors:

- continue to book their visits at least 24 hours in advance with the reception team, or via the online booking 'Meet My Brian' at their chosen home;
- test and show proof of a negative result before they visit or take a test on arrival (daily or regular visitors need only test twice each week);
- wear a facemask whilst inside the home except whilst eating or drinking. Children under 11 can choose whether to wear a facemask or not;
- wash and sanitize their hands on arrival;
- re-arrange their visit if they are feeling unwell in any way as other viruses or infections can also put care home residents at risk.

For those receiving end-of-life care, visiting is always supported 24 hours a day.

Trips out of the Care Home

Residents no longer have to isolate after any hospital stays and no longer have to test following a visit out.

Precautions in the event of a COVID-19 outbreak

Should an outbreak be declared at a home then certain measures may be taken which might include – changes to visiting (one visitor at a time will continue), temporarily reducing/stopping communal activities, pausing further admissions, limiting staff movements between households. Local or national concerns may advise different restrictions at any time or in different places.

GUIDANCE FOR WELCOMING NEW RESIDENTS

Guidance for new residents

Before moving to one of our homes we ask new residents take both the following tests:

- a PCR test within the 72 hours prior to moving in (or a lateral flow test if they have tested positive for COVID-19 in the past 90 days)
- a lateral flow test on move day

These tests will be provided by the care home. If either of these tests are positive, then the new resident is still able to move in but they will need to isolate on arrival and follow the latest guidance for care home residents.

If the new resident is feeling unwell or showing any Covid type symptoms, then they will be asked to take a further lateral flow test and avoid others. If negative, the test will be repeated 48 hours later to confirm and they will be then able to return to their usual activities.

Urgent care home admissions from the community

If an individual needs to move in to one of our care homes urgently, then we will need to know if and when they last had a lateral flow or PCR test and, if so, what

If there has been no test or it has been completed more than 72 hours before the urgent move, then the care home will enable the individual to receive a lateral flow test. If negative, then they can carry on activities as normal. If the test is positive, then individual will isolate in the care home following the guidance below for care home residents who are symptomatic or test positive for COVID-19.

Care home residents who are in contact with confirmed cases

Residents are no longer required to isolate or carry out additional testing after coming in to close contact with someone with COVID-19. Instead, the advice is to:

- minimise contact with the person who has COVID-19
- avoid contact with others who are at higher risk of severe COVID-19 infection
- follow the usual advice regarding testing and isolation if they develop symptoms of COVID-19

Discharge from hospital into a care home

Before an individual leaves hospital to move to care home, the NHS will do a PCR test within 48 hours prior to discharge, or a lateral flow test if the individual has tested positive for COVID-19 in the last 90 days.

The results should be shared with the individual themselves, their key relatives or advocate and the relevant care provider before the discharge takes place.

Should an individual test positive prior to discharge, they can still move to the care home provided the home is satisfied they can be cared for safely. The new resident will then be isolated on arrival for 10 days.

If an individual is leaving hospital from a location where there was an active outbreak, then they will isolate for 10 days from the date of admission. While isolating, residents will be able to receive one visitor and have access to outside space to assist well-being if possible. As normal, individuals who are isolating will take 2 lateral flow tests on days 5 and 6, 24 hours apart, and providing both are negative, then they will be able to end isolation early. Any individual who is unable to test will still need to be isolated for the full 10 days following a positive test.

If you have any questions, please contact the relevant care home.